

THE ARC OF MERCER COUNTY
AND MCAR HAVE ANSWERS
FOR YOU

LIFE
AFTER HIGH SCHOOL
CAN BE SCARY
FOR EVERYONE

What will I do after I graduate?

Where do I want to work?

How will I find a job?

How will I get to work?

Where do I want to live?

Can I care for
an apartment?

Do I want a roommate?

What will I cook?

What will I do with my time when
I am not in school anymore?



MCAR'S MISSION STATEMENT

To provide quality, comprehensive services to people with cognitive, intellectual, and developmental disabilities that afford them the opportunities to make choices about where they live, work, and recreate, while assisting them to develop the necessary skills to function as vital members of the community.

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TRANSITION
SERVICES
FOR
INDEPENDENCE

ACHIEVE PERSONAL GROWTH*
AND SELF-DETERMINATION BY
PLANNING FOR THE FUTURE

TRANSITIONING

FROM SCHOOL TO LIFE

WHAT DOES IT MEAN?

To successfully make the transition from school to adult life and the world of work, adolescents and young adults need guidance and encouragement from caring, supportive adults. Developing the ability to make informed choices and to understand the implications of those choices should be explicit goals developed early in an individual's transition process. The best decisions and choices made by transitioning youth are based on sound information and appropriate assessments that focus on the unique talents, knowledge, skills, interests, values, and aptitudes of each individual.

MCAR's Transition Services, in conjunction with area schools, offers students a coordinated set of outcome-oriented activities that promotes the smooth movement from school to life in the community as an adult.

After an initial assessment of each student's skills, knowledge, and aptitudes, MCAR's Transition Services develops an individualized program that focuses on the special interests, wants, and needs of that student. Activities will be implemented that involve life skills instruction, vocational evaluation, employment training, community experiences, adult daily living skills, socialization, and recreation.

Services are provided in supervised settings in Hermitage, Pennsylvania, at The Arc of Mercer County/MCAR campus as well as at a residential setting in Sharon, Pennsylvania. The home setting is fully equipped with all necessary

TRANSITION SERVICES FOR INDEPENDENCE

- Exposure to as many real-life, hands-on experiences as possible
- Coaching on how to make decisions, solve problems, set goals, make personal choices, and advocate for oneself
- A focus on and development of individual strengths, gifts, and talents.
- Resources to create a lifestyle of an individual's own choosing
- Instruction and coaching to gain appropriate employment
- Help in achieving maximum independence

household items for use by the students.

Transportation is provided for students to both the residential setting and other community resources.

Students are given the support to fulfill their dreams and visions about who they are, what they want in life, and where and how they will achieve their goals. With a focus on individualized programs, MCAR's Transition Services provides whatever meaningful and worthwhile activities are necessary to fulfill a student's need to be a contributing member of the community.

FOR MORE INFORMATION,

724-981-2950

THIS PROGRAM
TEACHES STUDENTS
HOW TO:

- Look for Employment
- Develop a Resume
- Fill Out Applications and Forms
- Interview for a Job
- Keep a Job
- Appropriately Quit a Job
- Plan a Meal
- Grocery Shop
- Prepare and Cook Food
- Set Up and Run a Household
- Be a Good Shopper
- Use Public Transportation
- Use Community Services
- Do Laundry
- Keep Healthy
- Be and Stay Safe
- Pay Taxes
- Obey the Law
- Protect Civil Rights
- Register and Vote
- Socialize with People
- Make Good Choices
- Set and Achieve Goals
- Advocate for Oneself
- Build Self-Esteem
- Much More....